

## **BODY TIGHTENING: LipoTight<sup>SM</sup>**

### **What is LipoTight? What conditions may be treated?**

**LipoTight<sup>SM</sup>**, an enhanced version of **Body Thermage**, is a non-surgical skin tightening technology combining dual radiofrequency and infrared laser to effectively tighten and contour the body. **LipoTight<sup>SM</sup>** uses the synergistic effects of **Body Thermage** and **VelaSmooth<sup>TM</sup>** to smooth out wrinkled abdomen and knees, tighten loosened arms, lifts drooping buttocks, contour sagging thighs and skin laxity after weight loss, pregnancy, liposuction, or with aging.

The procedure takes one hour for the **Body Thermage** in the office, followed by weekly hourly sessions of **VelaSmooth<sup>TM</sup>** completed within two months. **Body Thermage** may need oral and/or inhalational sedation, while the **VelaSmooth<sup>TM</sup>** requires no anesthesia.

### **When and What Results Might Be Expected? How long does the results last?**

Gradual and modest improvement of skin laxity and cellulite are expected.

Results generally last up to one year with further treatments suggested for maintenance.

### **What is the recovery like? When can I return to work and activities?**

Recovery is minimal. Mild swelling and redness are expected.

### **Any treatments to help maintain or enhance my results?**

Minor adjustments, maintenance, or further enhancements can often be done non-surgically with **LipoSmooth MesoTherapy<sup>SM</sup>** for residual fat, or **LipoTight<sup>SM</sup>** for additional cellulite and skin laxity. More extensive or permanent changes require further surgical shaping.