

## **A MORE RELAXED BROW: BROW LIFT**

### **What is Brow Lift? What condition may be treated?**

A **brow lift** creates a more relaxed and youthful expression of the upper face by reducing the appearance of a tired, angry or sad looking face. Brow surgery restores a smoother, restful, and more spirited looking upper face. The surgery lifts sagging eyebrows, smoothens out the frown lines of the forehead, and reduces the hooding of the upper eyelids.

Either endoscopic, hairline, or upper eyelid incisions may be used to help minimize incisions and reduce visibility of scars. Muscles responsible for the forehead frown lines are surgically weakened, and brow soft tissues are resuspended to lift up the eyebrows.

The surgery takes about one to three hours in a surgery center. Most procedures may need only local anesthesia, whereas others require general anesthesia.

### **When and What Results Might Be Expected? How long does the results last?**

Immediate modest to dramatically enhanced chin projection, neck line, or cheek volume may be expected to last decades.

### **What is the recovery like? When can I return to work and activities?**

Recovery usually takes one week. Moderate swelling and bruising are expected. Postoperative cold compresses, anti-bruising medicine, and ointments are often helpful. Use of prescribed pain medicine usually is not necessary. Make-up can be applied within one week. Most patients return to work and regular activities in one week.

### **Any treatments to help maintain or enhance my results?**

Minor adjustments, maintenance, or further enhancements can often be done without surgery using the non-surgical procedures such as **BOTOX®**, **Fillers**, or **Non-Surgical Facelift**. More extensive changes may require further surgical shaping.