

Non-Surgical Facelift: Meso RF Lift^S, Anchor LiftSM and LipoLiftSM



What is Meso RF LiftSM, Anchor LiftSM, or LipoLiftSM?

Meso RF LiftSM, the **enhanced** treatment, uses synergistic packaged treatments of **Thermage**, **ReFirme**, **BOTOX®**, and synthetic fillers to sculpt a saggy, chubby or heavy face. No incision is used.

Thermage uses unidirectional radio frequency electrical energy to produce gradual skin tightening, collagen remodeling and shrinkage of unwanted fat in select areas. Correctable include nasolabial mounds, jowls, and double chin.

ReFirme, on the other hand, uses bidirectional radiofrequency, along with infrared light, to stimulate superficial collagen growth to produce gentle and more immediate skin tightening and lifting. Correctable conditions include early stages of saggy brows, crow's feet, droopy cheeks, and neck laxity.

Super RF LiftSM, a synergistic package radiofrequency program, uses combined treatments of Thermage, ReFirme, BOTOX®, and synthetic fillers to sculpt a saggy, chubby or heavy face. No incision is used.

Anchor LiftSM is a minimal surgical procedure whereby larger and stronger anchored sutures are used to lift the saggy tissues more significantly than barbed sutures. Correctable conditions include mild to moderate saggy cheeks, jowls, corners of mouth, and neck. Small incisions behind the temple hairline or behind the ear are necessary.

LipoLiftSM is the most state-of-the art and the most dramatic non-surgical face lift. **LipoLiftSM** combines the effects of **Thermage**, **ReFirme**, BOTOX®, autologous fat or synthetic fillers, and facial lifting sutures. When fat is used as the filler, additional benefits include liposuction of unwanted body deposit. Conditions of facial hollowing, sagging, flattening, and undesirable body contour are corrected to create a tightened, lifted, voluminous face, and a more pleasing body shape. Correctable conditions include facial hollowing, sagging, flattening, prominent jowls, lax corners of mouth, neck banding, and unwanted body fat deposits.

When and What Results Might Be Expected? How long does the results last?

For **Thermage**, gradual and conservative skin tightening with contouring over three to six months is expected to last up to one year.

For **ReFirme**, some immediate tightening followed by gradual improvement of skin laxity over three months is expected to last up to six months.

For **Super RF Lift**, some immediate tightening followed by gradual skin lifting and contouring over three to six months is expected to last up to one year.

For combination packaged programs such as **MesoRF Lift** or **LipoLift**, immediate dramatic improvement of sunken or hollow areas is expected, followed by gradual dramatic improvement of crow's feet in one week, followed by more gradual conservative skin elevation and contouring in three months.

Results generally last up to years with further treatments suggested for maintenance.

What is the recovery like? When can I return to work and activities?

Recovery usually takes one weekend. Minimal swelling and bruising are expected. Use of prescribed pain medicine is not necessary. Make-up can be applied immediately. Most patients return to work and regular activities either immediately or within one weekend.

Any treatments to help maintain or enhance my results?

Minor adjustments, maintenance, or further enhancements can often be done non-surgically without surgery using the non-surgical procedure such as **BOTOX®**, **Thermage™**, **ReFirme™**, **Fillers**, or **Non-Surgical Facelift**. More extensive changes may require further surgical shaping.

Differences Among Non-Surgical Facelift

	LIPOLIFT	ANCHOR LIFT	MESORLIFT	THERMAGE REFIRME
WHAT IS IT?	TIGHTENING BY RF SMOOTHEING BY BOTOX LIFTING BY SUTURES FILLING BY FAT	LIFTING BY SUTURES	TIGHTENING BY RF SMOOTHENING BY BOTOX FILLING BY FILLERS	TIGHTENING BY RF
CORRECTABLE CONDITIONS	SUNKEN FACE SAGGY FACE NECK BANDS	SAGGY FACE NECK BANDS	CHUBBY FACE DOUBLE CHIN WIDE FACE	CHUBBY FACE DOUBLE CHIN
EFFECT	MOST	MODEST	MODEST	MILD
ANESTHESIA	LOCAL	LOCAL	TOPICAL	TOPICAL
SMALL INCISION REQUIRED	YES	YES	NO	NO
RECOVERY	ONE WEEK	ONE WEEK	WEEKEND	NONE
BODY SLIMMING	YES, IF FAT IS USED	NO	NO	NO
SESSIONS	SUTURES FAT/FILLERS THERMAGE/ REFIRME BOTOX	SUTURES	FILLER THERMAGE/ REFIRME BOTOX	THERMAGE/ REFIRME
MAINTENANCE	FAT/FILLER TWICE YEARLY THERMAGE/ REFIRME	THERMAGE/ REFIRME	FILLER TWICE YEARLY THERMAGE/ REFIRME	THERMAGE/ REFIRME

	YEARLY BOTOX TWICE YEARLY	YEARLY	TWICE YEARLY BOTOX TWICE YEARLY	TWICE YEARLY
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