

**Pigment/Veins/Acne/Scar/Wrinkle/
Unwanted hair**

Skincare...Your Lifelong Friend: MDSun™ Skin Care

What is MDSun™ Skin Care? What conditions may be treated?

MDSun™ Skin Care medical prescription program is the foundation of all skin treatments. **MDSun™ Skin Care**, is tailored towards your individual needs. The program prepares your skin prior to treatments, maximize skin care results, and help maintain healthy skin after your services. Correctable conditions include pigmentation, texture, pores & acne, rosacea, and dry sensitive skin.



When and What Results Might Be Expected?

How long does the results last?

Gradual and modest improvement of skin health is expected over six months. Results generally last up to one year with further treatments suggested for maintenance.

What is the recovery like? When can I return to work and activities?

Recovery is minimal. Mild peeling, dryness, and redness are expected during the first few weeks of the program.

Any treatments to help maintain or enhance my results?

Minor adjustments, maintenance, or further enhancements can often be done non-surgically with further **MDSun™ Skin Care, Lasers/Fotofacial RF** for additional enhancement. More extensive or permanent changes require further ablative options such **Fraxel** or **FraxeLite**.

Medical Skin Care Instructions

Purpose	Examples	AM Use	PM Use	Special Instructions
Cleanser	Foaming Gel	●	●	
Toner	Toner	●	●	
Brightening	Vitamin C Hydroquinone	●	●	
Wrinkling	Antioxidants	●	●	
Exfoliation	Glycolic Acid Salicylic Acid Lactic Acid Tazorac Trilumna Retin-A Retrinal Peel & Bleach	●	●	Mix, on palm, one pea size of exfoliation medicine with one dime size of skin brighteners and/or moisturizer Avoid the eyes, lips, and below the jowl lines Goal is gently peeling pinkish skin Avoid redness, burning, or painful peeling Do not Use 3-7 days before & after peels
Moisturizers		●	●	Apply often as needed
Anti-Inflammatory	Anti-Acne Anti-Red Anti-Itch Anti-Flaking	●	●	Apply often for redness, itchiness, or excessive peeling
Sun Protection	UVA/UVB Broad spectrum	●		Apply 3 times daily
Body Slimming & Cellulite	MesoDerm	●	●	