

FEEL YOUNG AGAIN: ANTI-AGING MEDICINE

What is Anti-Aging Medicine? What conditions may be treated?

Need more vitality in your life? **Anti-Aging Medicine** can help. Feeling tired or worn-out is a common symptom of natural aging. With advanced anti-aging treatments, however, you can feel younger, healthier and more energetic again! Advanced diagnostic **Anti-aging Testing** accurately determines your state of aging and easily checks for any health disturbances.

Antioxidant Testing measures deficiencies in antioxidants and vitamins. This information greatly helps to formulate an individualized micronutrient supplement program.

Food Immunology Testing can detect food which actually makes one to gain weight. Avoidance of these food trigger can help to gradually detoxify the body.

Hormonal Testing accurately determines one's physiological aging indexes and any metabolic imbalances.

Combined with proper diet and exercise, an individualized program of **antioxidant therapy, food detoxification, and hormonal balancing** can help you regain your youthful vitality!

When and What Results Might Be Expected? How long does the results last?

Gradual weight loss, greater energy and stamina, enhanced immunity, and an improved sense of well-being are just some of the common benefits of Anti-Aging Medicine. Results are gradual and usually become evident after three months. Combined with proper diet and exercise, results are long lasting with further treatments suggested for maintenance.

What is the recovery like? When can I return to work and activities?

Recovery is none. Initial body adjustment may take several weeks. Most patients often find more energy to work and to enjoy life.

Any treatments to help maintain or enhance my results?

Continuing maintenance of preventive medicine, along with regular check-ups and testing, is essential to keeping one's body in the best shape.