

Hand Rejuvenation: Hand LiftSM

What is Hand LiftSM? What conditions may be treated?



Hand LiftSM is novel procedure to restore the smoothness and the plumpness of the youthful hands. Most people who work on their facial rejuvenation often forget about their hands, and as an old saying goes, the hands give away your age.

Hand LiftSM combines **Thermage** radiofrequency to tighten the wrinkly skin and the volume restoration effect of synthetic and/or natural fillers. The effects can be immediately gratifying, restoring the smoothness and plumpness of the once youthful hands.

Correctable conditions include sunken look and wrinkly appearance of the aging hands.

When and what results might be expected? How long does the results lasts?

Results come in two different stages. Fillers instantly fill in the groves between the veins and the ligaments of the hands, dramatically improving the plumpness of the hands. Within months, the radiofrequency gradually stimulate more collagen, thereby further improving the wrinkly looking hands.

Depending on what fillers are used, results may last from months to years.

What is the recovery like? When can I return to work and activities? Any treatment to help maintain or enhance my results?

Recovery usually is limited only a weekend.

Minor adjustments, maintenance, or further enhancements can often be done non-surgically with further **MDSun Skin Care, Lasers/Fotofacial RF, Sclerotherapy, Fillers, Thermage**, or **ReFirme** for additional enhancement. More extensive or permanent changes require further ablative options such as **Fraxel or FraxeLite**.